



# Kwon's Spring Newsletter

Ask us about our Referral Program!

## Table of Contents

- 1 CT State Championships
- 2 New Adult Classes
- 2 Summer Training Camp
- 2 Fun Night

## School Closings/Events

- 4/11 - CT State Championships
- 4/17 - Dragons/BBC Belt Promotion
- 4/20 - Closed Patriots Day
- 5/1 - Fun Night

## Students Prepare for CT State Championships

On April 11, students will be participating at the USA Taekwondo Connecticut State Championships. This will be held at the Beckerman Athletic Center, Hamden CT.

Kwon's will be sending 15 athletes to this event:

- Courtney Sweeney - Individual and Pairs Poomsae\*
- Anton Sibal - Individual and Pairs Poomsae\*
- Charlie Meyer - Individual and Team Poomsae\*\*
- Tejas Maraliga – Sparring and Team Poomsae\*\*
- Isaiah Dorhety - Sparring and Team Poomsae\*\*
- Colby Ryan – Sparring
- Shakthi Rajesh – Sparring
- Cristobal Villaroell – Sparring
- Sophia Zoulmis – Individual Poomsae and Sparring
- Stefania Zolumis – Sparring
- Vinod Pulkayath – Sparring
- Kosta Zolumis - Sparring

If you see them during the week please wish them a good luck!

### Schedule Change – Little Dragons

All Little Dragons classes that are posted for 4:10-4:55pm have been now combined with the Dragons classes at 5:00-5:45pm check the schedule online on the updates.

## New Classes!

We have been testing out some new classes for the adults. New to our schedule are:

- Saturday 7:30am fitness and conditioning class
- Monday 5:30am kickboxing and conditioning class.

Please check the schedule for the new classes. First class is free to try so come down and get in shape for the summer!

## Kwon's Summer Training camp

Looking for something for your child this summer?

Enroll them in a training camp July 13<sup>th</sup>-17<sup>th</sup> for ages 7-15.

This camp is designed to enhance their Taekwondo skills and physical fitness, increase their confidence and build that competitive spirit.

More information will be provided soon. Check the [website](#) and bulletin board these upcoming weeks for details.

## Fun Night

We are bringing fun night back! Drop off your child from 5pm-8pm on May 2 and go enjoy your night. We will provide fun activities for the kids and supervision while you go and enjoy a “kid less” night.

Price for fun night is \$20.